

BALTIC U16 TEAM CHAMPIONSHIPS 2026
07.07.2026., Valmiera (LAT)

TIMETABLE

12:45	Opening Ceremony	
13:00	Hammer Throw	G, B
13:05	110 mH	B
13:20	100 mH	G
13:35	800 m	G
13:45	800 m	B
13:50	High Jump	B
14:00	Pole Vault	G, B
14:05	100 m	G
14:15	100 m	B
14:30	Discus Throw	G, B
14:35	400 m	G
14:40	Long Jump	G, B
14:45	400 m	B
15:05	2000 m	G
15:20	2000 m	B
15:30	High Jump	G
15:40	300 mH	G
15:50	300 mH	B
16:00	Shot Put	G, B
16:05	3000 m RW	G, B
16:10	Javelin Throw	G, B
16:20	Triple Jump	G, B
16:35	200 m	G
16:45	200 m	B
17:00	1500 m SC	G
17:15	1500 m SC	B
17:30	100+200+300+400 m	Mixed relay
17:45	Award Ceremony	