

## BALTIC U20 INDOOR TEAM CHAMPIONSHIPS AGREEMENT

**Match:** Baltic U20 Indoor Team Championships

**Organiser:** Lithuanian Athletics Federation

**Venue:** President Valdas Adamkus Indoor Athletics Arena,  
Perkūno al. 3., Kaunas/LTU

**Date:** 14.02.2026

**Participants:** Men and Women (U20), 2 athletes per event from each country,  
one relay team per country.

**Age:** U20 - Men and Women (born in 2007-2008)

**Scoring:** Total scoring  
Individual: 6-5-4-3-2-1; Relays: 6-4-2

### Events:

MEN		WOMEN	
TRACK	FIELD	TRACK	FIELD
60 m	Long Jump	60 m	Long Jump
200 m	High Jump	200 m	High Jump
400 m	Triple Jump	400 m	Triple Jump
800 m	Pole Vault	800 m	Pole Vault
1500 m	Shot Put	1500 m	Shot Put
3000 m		3000 m	
60 m H		60 m H	
5000 m RW		5000 m RW	
4x400 m Mixed relay (Order: M-W-M-W)			

**Rules:** Competitions shall be arranged entirely according to the WA's Competitions Rules and according to the "Technical regulations for Baltic Team championships in Athletics".

### Financial conditions:

Travels paid by: Each Federation for their own costs

Board and lodging paid by: Each Federation for their own costs

### SIGNATURES:



ESTONIA



LATVIA



LITHUANIA