

**BALTIC U16, U18, U20 INDOOR TEAM CHAMPIONSHIPS COMBINED EVENTS
AGREEMENT**

Match: Baltic Combined Events (U16, U18, U20) Indoor Team Championships

Organiser: Estonian Athletic Association

Venue: Lasnamäe Athletics Hall, Punane 45, Tallinn/EST

Date: 07.-08.03.2026

Participants: Men and Women, 4 athlete per event from each team.

Age: U16 – Boys and Girls (born in 2011-2012),

U18 - Men and Women (born in 2009-2010),

U20 - Men and Women (born in 2007-2008)

Scoring: Team points will be calculated for every age group for women and men jointly.

In Team Championships of combined events in each age group the points of three women and three men will be taken into account. If fewer than three women or three men in each age group will finish the combined event, the team will lose their team points in this age group.

Events:

MEN Heptathlon		WOMEN Pentathlon	
Hurdles: U16	83,8/8,50	Hurdles: U16	76,2/8,00
Hurdles: U18	91,4/9,14	Hurdles: U18	76,2/8,50
Hurdles: U20	99,1/9,14	Hurdles: U20	83,8/8,50
Shot Put: U16	4 kg	Shot Put: U16	3 kg
Shot Put: U18	5 kg	Shot Put: U18	3 kg
Shot Put: U20	6 kg	Shot Put: U20	4 kg

Rules: Competitions shall be arranged entirely according to the WA's Competitions Rules and according to the "Technical regulations for Baltic Team championships in Athletics".

Financial conditions:

Travels paid by: Each Federation for their own costs.

Board and lodging paid by: Each Federation for their own costs.

SIGNATURES:



ESTONIA



LATVIA



LITHUANIA