

**BALTIC TEAM CHAMPIONSHIPS COMBINED EVENTS AGREEMENT**

**Match:** Baltic Combined Events (U16, U18, U20) Team Championships

**Organiser:** Latvian Athletic Association

**Venue:** Jāņa Daliņa stadium, Jāņa Daliņa street 2, Valmiera/LAT

**Date:** 30.-31.05.2026

**Participants:** Men and Women, 4 athletes per event from each team.

**Age:** U16 - Men and Women (born in 2011-2012),  
U18 – Men and Women (born in 2009-2010),  
U20 - Men and Women (born in 2007-2008)

**Scoring:** Team points will be calculated for every age group for women and men jointly.

In Team Championships of combined events in each age group the points of three women and three men will be taken into account. If fewer than three women or three men in each age group will finish the combined event, the team will lose their team points in this age group.

**Events:**

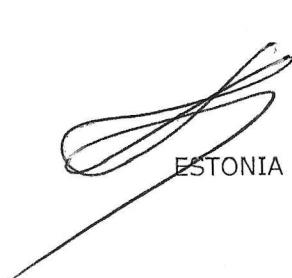
<b>BOYS/MEN - DECATHLON</b>		<b>GIRLS/WOMEN - HEPTATHLON</b>	
Hurdles: U16	83,8/8,50	Hurdles: U16	76,2/8,00
Hurdles: U18	91,4/9,14	Hurdles: U18	76,2/8,50
Hurdles: U20	99,1/9,14	Hurdles: U20	83,8/8,50
Shot: U16	4 kg	Shot: U16	3 kg
Shot: U18	5 kg	Shot: U18	3 kg
Shot: U20	6 kg	Shot: U20	4 kg
Discus: U16	1 kg		
Discus: U18	1,5 kg		
Discus: U20	1,75 kg		
Javelin: U16	600 gr	Javelin: U16	400 gr
Javelin: U18	700 gr	Javelin: U18	500 gr
Javelin: U20	800 gr	Javelin: U20	600 gr

**Rules:** Competitions shall be arranged entirely according to the WA's Competitions Rules and according to the "Technical regulations for Baltic Team championships in Athletics".

**Financial conditions:**

Travels paid by: Each Federation for their own costs.

Board and lodging paid by: Each Federation for their own costs.

**SIGNATURES:**


ESTONIA



LATVIA



LITHUANIA