

BALTIC OUTDOOR TEAM CHAMPIONSHIPS AGREEMENT

Match: Baltic Outdoor Team Championships

Organiser: Latvian Athletic Association

Venue: Daugava Stadium, Augšiela 1, Riga/LAT

Date: 01.08.2026

Participants: Men and Women, 2 athletes per event from each country, one relay team per country in each relay event.

Age: Men and Women (born in 2010 and older)

Scoring: Team points will be calculated for men and women jointly.
Individual: 6-5-4-3-2-1; Relays: 6-4-2

Events:

MEN		WOMEN	
TRACK	FIELD	TRACK	FIELD
100 m	High Jump	100 m	High Jump
200 m	Long Jump	200 m	Long Jump
400 m	Triple Jump	400 m	Triple Jump
800 m	Pole Vault	800 m	Pole Vault
1500 m	Shot Put	1500 m	Shot Put
3000 m	Javelin Throw	3000 m	Javelin Throw
110 m H	Discus Throw	100 m H	Discus Throw
400 m H	Hammer Throw	400 m H	Hammer Throw
3000 m SC		3000 m SC	
5000 m RW		5000 m RW	
4x100 m Mixed relay (Order: M-W-M-W)			
4x400 m Mixed relay (Order: M-W-M-W)			

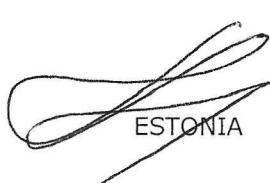
Rules: Competitions shall be arranged entirely according to the WA's Competitions Rules and according to the "Technical regulations for Baltic Team championships in Athletics".

Financial conditions:

Travels paid by: Each Federation for their own costs

Board and lodging paid by: Each Federation for their own costs

SIGNATURES:



ESTONIA



LATVIA



LITHUANIA