

BALTIC TEAM CHAMPIONSHIPS AGREEMENT

Match: Baltic Outdoor Team Championships
Organiser: Latvian Athletics Association
Venue: Jana Dalina Stadium, Jana Dalina street 2, Valmiera
Date: 06.-07.07.2024
Participants: Men and Women, 2 athletes per team, per event; One relay team per country per team.
Age: Men and Women (born in 2008 and older)
Scoring: Team points will be calculated for men and women jointly. Individual: 6-5-4-3-2-1; Relays: 6-4-2.

Events:

MEN		WOMEN	
TRACK	FIELD	TRACK	FIELD
100 m	High Jump	100 m	High Jump
200 m	Long Jump	200 m	Long Jump
400 m	Triple Jump	400 m	Triple Jump
800 m	Pole Vault	800 m	Pole Vault
1500 m	Shot Put	1500 m	Shot Put
5000 m	Javelin Throw	5000 m	Javelin Throw
110 mH	Discus Throw	100 mH	Discus Throw
400 mH	Hammer Throw	400 mH	Hammer Throw
3000 m SC		3000 m SC	
10000 m RW		5000 m RW	
4x100 m		4x100 m	
4x400 m (mixed relay 2 Men and 2 Women)			

Rules: Competitions shall be arranged entirely according to the WA's Competitions Rules and according to the "Technical regulations for Baltic Team championships in Athletics".

Financial conditions:

Travels paid by: Each Federation for their own costs

Board and lodging paid by: Each Federation for their own costs

SIGNATURES:


 ESTONIA



 LATVIA



LITHUANIA
