

BALTIC U20 INDOOR TEAM CHAMPIONSHIPS

04.03.2023., PANEVEZYS (LITHUANIA)

STARTING HIGHTS:

High Jump (WU20): 1.60-1.65-1.70-1.73-1.77-1.80...

High Jump (MU20): 1.75-1.80-1.85-1.90-1.95-1.98-2.01...

Pole Vault (WU20): 2.80-3.00-3.20-3.35-3.50-3.65-3.75-3.80...

Pole Vault (MU20): 3.80-4.00-4.20-4.35-4.45-4.55-4.65-4.70...

LANES FOR TRIPLE JUMP:

WU20 & MU20: 11m and 13m distance to the pit.

PERSONAL IMPLEMENTS:

Personal implements for the shot put must be handed over at least 1 hour before the event in the secretary.

VICTORY CEREMONIES:

Victory ceremonies will be held according to the Award Ceremony timetable.

CALL ROOM:

Running events 15 min

LJ, TJ, HJ, SP 25 min

PV 40 min