



BALTIC U18 & U20 INDOOR TEAM CHAMPIONSHIPS 2022
04.-05.03.2022., Valmiera

PULCĒŠANĀS VIETAS UN APBALVOŠAS PROGRAMMA /
CALL ROOM AND AWARD CEREMONIES

DAY 1 (04.03.)

Disciplīna/ Discipline	Grupa/ Group	Pulcēšanās/ Call room		Ierašanās sektorā/ Arrival at the site	Sacensību sākums/ Competition start time	Apbalvošana/ Award ceremony
		No/ From	Līdz/ To			
60 mH	M U20	14:40	14:50	14:52	15:00	15:50
60 mH	M U18	14:55	15:05	15:07	15:15	15:50
Pole Vault	M U18, M U20	14:40	14:50	14:52	15:30	17:20
60 mH	W U20	15:10	15:20	15:22	15:30	16:20
Shot Put	W U18, W U20	15:05	15:15	15:17	15:40	17:10
60 mH	W U18	15:25	15:35	15:37	15:45	16:20
60 m	M U18	15:45	15:55	15:56	16:00	16:35
60 m	W U18	15:50	16:00	16:01	16:05	16:35
60 m	W U20	15:55	16:05	16:06	16:10	16:35
60 m	M U20	16:00	16:10	16:11	16:15	16:35
Long Jump	W U18, W U20	15:45	15:55	15:57	16:20	18:10
1500 m	W U18	16:28	16:38	16:40	16:45	17:20
1500 m	M U18	16:38	16:48	16:50	16:55	17:20
1500 m	W U20	16:48	16:58	17:00	17:05	17:45
Shot Put	M U18, M U20	16:35	16:45	16:47	17:10	18:30
1500 m	M U20	16:58	17:08	17:10	17:15	17:45
400 m Heat 1	W U18	17:13	17:23	17:25	17:30	18:00
400 m Heat 2		17:18	17:28	17:30	17:35	
Pole Vault	W U18, W U20	16:50	17:00	17:02	17:40	19:00
400 m Heat 1	M U18	17:23	17:33	17:35	17:40	18:00
400 m Heat 2		17:28	17:38	17:40	17:45	
Long Jump	M U18, M U20	17:15	17:25	17:27	17:50	19:00
400 m Heat 1	W U20	17:33	17:43	17:45	17:50	18:30
400 m Heat 2		17:38	17:48	17:50	17:55	
400 m Heat 1	M U20	17:43	17:53	17:55	18:00	18:30
400 m Heat 2		17:48	17:58	18:00	18:05	
4x200 m	W U18	17:58	18:08	18:10	18:15	March 5th 11:10
4x200 m	M U18	18:08	18:18	18:20	18:25	
4x200 m	W U20	18:18	18:28	18:30	18:35	
4x200 m	M U20	18:28	18:38	18:40	18:45	



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DAY 2 (05.03.)

Disciplīna/ Discipline	Grupa/ Group	Pulcēšanās/ Call room		Ierašanās sektorā/ Arrival at the site	Sacensību sākums/ Competition start time	Apbalvošana/ Award ceremony
		No/ From	Līdz/ To			
High Jump	W U18, WU20	10:25	10:35	10:37	11:00	13:10
800 m	W U18	11:03	11:13	11:15	11:20	12:00
800 m	M U18	11:13	11:23	11:25	11:30	12:00
800 m	W U20	11:23	11:33	11:35	11:40	12:30
Triple Jump	M U18, M U20	11:05	11:15	11:17	11:40	13:10
800 m	M U20	11:33	11:43	11:45	11:50	12:30
200 m Heat 1	W U18	11:49	11:59	12:01	12:05	12:40
200 m Heat 2		11:54	12:04	12:06	12:10	
200 m Heat 1	M U18	11:59	12:09	12:11	12:15	12:40
200 m Heat 2		12:04	12:14	12:16	12:20	
200 m Heat 1	W U20	12:09	12:19	12:21	12:25	12:55
200 m Heat 2		12:14	12:24	12:26	12:30	
200 m Heat 1	M U20	12:19	12:29	12:31	12:35	12:55
200 m Heat 2		12:24	12:34	12:36	12:40	
3000 m	W U18	12:28	12:38	12:40	12:45	13:40
High Jump	M U18, M U20	12:15	12:25	12:27	12:50	14:20
3000 m	M U18	12:43	12:53	12:55	13:00	13:40
Triple Jump	W U18, WU20	12:35	12:45	12:47	13:10	14:20
3000 m	W U20	12:58	13:08	13:10	13:15	14:10
3000 m	M U20	13:13	13:23	13:25	13:30	14:10
4x400 m mixed	U18	13:33	13:43	13:45	13:50	14:20
4x400 m mixed	U20	13:43	13:53	13:55	14:00	14:20