



BALTIC U18 & U20 INDOOR TEAM CHAMPIONSHIPS 2022
04.-05.03.2022., Valmiera

TIMETABLE (project)

DAY 1 (04.03.2022.)

	W U18	M U18	W U20	M U20
14:45	OPENING CEREMONY			
15:00				60 mH
15:15		60 mH		
15:30		Pole Vault	60 mH	Pole Vault
15:40	Shot Put		Shot Put	
15:45	60 mH			
16:00		60 m		
16:05	60 m			
16:10			60 m	
16:15				60 m
16:20	Long Jump		Long Jump	
16:45	1500 m			
16:55		1500 m		
17:05			1500 m	
17:10		Shot Put		Shot Put
17:15				1500 m
17:30	400 m			
17:40	Pole Vault	400 m	Pole Vault	
17:50		Long Jump	400 m	Long Jump
18:00				400 m
18:15	4x200m			
18:25		4x200m		
18:35			4x200m	
18:45				4x200m



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DAY 2 (05.03.2022.)

	W U18	M U18	W U20	M U20
11:00	High Jump		High Jump	
11:20	800 m			
11:30		800 m		
11:40			800 m	
11:45		Triple Jump		Triple Jump
11:50				800 m
12:05	200 m			
12:15		200 m		
12:25			200 m	
12:35				200 m
12:45	3000 m			
12:50		High Jump		
13:00		3000 m		High Jump
13:05				
13:10	Triple Jump		Triple Jump	
13:15			3000 m	
13:30				3000 m
13:50	4x400m mixed			
14:00			4x400m mixed	
14:30	TEAM AWARD CEREMONY			