

Men A-Race Start-List

Member Federation	Family Name	Given Name	Gender	PB	SB	PB date	SB date	Bib
GBR	FARAH	Mo	Man	26:46.57		03/06/2011		
GBR	SCOTT	Marc	Man	27:10.41	27:10.41	20/02/2021	20/02/2021	
BEL	ABDI	Bashir	Man	27:36.40		04/05/2014		
FRA	AMDOUNI	Morhad	Man	27:36.80		19/05/2018		
ITA	AOUANI	Iliass	Man	27:45.81	27:45.81	19/05/2021	19/05/2021	
ESP	PÉREZ	Juan Antonio	Man	27:46.08	27:46.08	19/05/2021	19/05/2021	
FRA	BARRER	François	Man	27:55.95	28:17.06	03/05/2018	24/04/2021	
POR	BARATA	Samuel	Man	28:03.94	28:03.94	10/04/2021	10/04/2021	
FRA	CARVALHO DE FONSESCO	Florian	Man	28:04.05		29/08/2020		
FRA	PALCAU	Fabien	Man	28:07.01		29/08/2020		
FRA	FRÈRE	Mehdi	Man	28:08.27	28:09.68	29/08/2020	19/05/2021	
GER	VOIGT	Nils	Man	28:11.31	28:11.31	01/05/2021	01/05/2021	
GBR	CAIRESS	Emile	Man	28:14.30	28:14.30	06/03/2021	06/03/2021	
ISR	GETAHON	Tadesse	Man	28:18.73		06/12/2020		
ISR	MALEDE	Bukayaw	Man	28:20.08	28:20.08	22/04/2021	22/04/2021	
GBR	LEACH	Matthew	Man	28:21.05	28:41.24			

FRA	SCHRUB	Yann	Man	28:22.19	28:22.19	24/04/2021	24/04/2021	
ESP	RAMOS	Jesús	Man	28:22.42	28:23.89	18/12/2020	10/04/2021	
ISR	ABUHAY	Yitayew	Man	28:24.62	28:24.62	22/04/2021	22/04/2021	
ESP	CELADA	Raul	Man	28:25.10	28:25.10	10/04/2021	10/04/2021	
ROU	SOARE	Nicolae Alexandru	Man	28:25.38	28:36.58	19/05/2018	10/04/2021	
ESP	BLANCO	Jorge	Man	28:25.76	28:25.76	10/04/2021	10/04/2021	
ESP	ROJO	Yago	Man	28:27.39	28:31.85	13/04/2019	10/04/2021	
UKR	ROMANENKO	Roman	Man	28:28.54	28:58.52	27/05/2012	24/04/2021	
GBR	JONES	Kristian	Man	28:33.17	28:33.17	06/03/2021	06/03/2021	
POL	ZALEWSKI	Krystian	Man	28:39.95	29:06.36	28/04/2019	24/04/2021	
ITA	QUAZZOLA	Italo	Man	28:44.97	29:02.10	06/07/2019	18/04/2021	
ESP	MAYO	Carlos	Man	28:48.41		10/06/2017		
ITA	MONDAZZI	Alberto	Man	28:51.28	28:51.28	02/05/2021	02/05/2021	
ITA	CRIPPA	Nekagenet	Man	28:53.34	28:53.34	02/05/2021	02/05/2021	
ITA	BREUSA	Francesco	Man	28:54.54	28:54.54	02/05/2021	02/05/2021	
UKR	STREBKOV	Ivan	Man	28:55.48	28:55.48	24/04/2021	24/04/2021	
GBR	SMITH	Jake	Man	29:01.08		11/07/2019		
ART	GABRIYESOS	Tachlowini	Man	28:47.67		06/12/2020		
British Olympic Trial	AADAN	Mohamud	Man	28:28.68				
British Olympic Trial	ANDERSON	Tom	Man	29:14.30				
British Olympic Trial	SESEMAN	Philip	Man	28:24.0				
British Olympic Trial	HUNT	James	Man	28:59.63	28:59.64			

British Olympic Trial	MAHAMED	Mahamed	Man	29:01.34				
British Olympic Trial	MILNER	Hugo	Man					

Men B-Race Start-List

Member Federation	Family Name	Given Name	Gender	PB	SB	PB date	SB date	Bib
ART	EISA MOHAMMED	Jamal Abdelmaji	Man	28:47.36	29:23.00	24/04/2019	22/04/2021	
UKR	NYZHNYK	Mykola	Man	28:50.71	29:04.73	25/05/2019	24/04/2021	
ISL	ANDRÉSSON	Hlynur	Man	28:55.47		19/09/2020		
ISR	CHEKOLE	Dereje	Man	28:57.19	28:57.19	22/04/2021	22/04/2021	
ITA	RIVA	Pietro	Man	28:57.76	28:57.76	02/05/2021	02/05/2021	
EST	NURME	Tiidrek	Man	28:59.88		28/04/2013		
UKR	POROZOV	Ihor	Man	29:00.86	29:00.86	24/04/2021	24/04/2021	
POR	MARQUES	Miguel	Man	29:01.65	29:01.65	10/04/2021	10/04/2021	
SWE	CASTEEL	Archie	Man	29:05.62	29:05.62	04/05/2021	04/05/2021	
IRL	HASO	Hiko Tonosa	Man	29:06.10		19/12/2020		
IRL	DALTON	Cormac	Man	29:19.75	29:19.75	15/05/2021	15/05/2021	
IRL	O'DONNELL	Paul	Man	29:20.06	29:20.06	15/05/2021	15/05/2021	
NED	KOREMAN	Björn	Man	29:22.48		19/09/2020		
FIN	SALEVA	Eero	Man	29:23.94	29:23.94	04/05/2021	04/05/2021	

BEL	SAKÉ	Nicolai	Man	29:34.06		27/09/2020		
BEL	DEFLANDRE	Clément	Man	29:34.60		27/09/2020		
ART	IDBAFDIL	Fouad	Man	29:49.64	29:49.64	22/04/2021	22/04/2021	
AUT	THEUER	Timon	Man	29:53.78		29/08/2020		
LTU	BRASEVIČIUS	Ignas	Man	29:53.81		07/08/2020		
BEL	BOUCHIKHI	Lahsene	Man	30:02.10		02/05/2015		
SLO	KREVS	Mitja	Man	30:14.00	30:14.00	18/04/2021	18/04/2021	
EST	FOSTI	Roman	Man	30:22.54		19/07/2015		
SLO	KOBE	Primož	Man	30:22.76		04/06/2011		
LAT	VIŠKERS	Iānis	Man	30:42.14		10/06/2017		
MLT	MICALLEF	Luke	Man	32:59.30		31/05/2019		
CZE	CHRASCINA	Marek	Man					
CZE	KOVÁŘ	Jáchym	Man					
IRL	POWER	Micheal	Man					
British Domestic	CROSS	Ellis	Man	28:47.51				
British Domestic	GRIFFITHS	Iosh	Man					
British Domestic	AHMED	Omar	Man	29:34.89				
British Domestic	MARTIN	Nigel	Man	29:47.68				
British Domestic	JOHNSON	Calum	Man					
British Domestic	CLOWES	Matt	Man	29:18.38				
British Domestic	GRAY	Jack	Man	28:49.53				
British Domestic	LOCKLEY	Ollie	Man	29:15.45				
British Domestic	GRACE	Iosh	Man	29:34.26				
Ireland Domestic	BRADLEY	Conor	Man					

Women A-Race Start-List

Member Federation	Family Name	Given Name	Gender	PB	SB	SB date	PB date	Bib
GBR	MCCOLGAN	Eilish	Woman	30:58.94	30:58.94	20/02/2021	20/02/2021	
GBR	MARKOVIC	Amy-Eloise	Woman	31:25.91	31:25.91	14/05/2021	14/05/2021	
GBR	IUDD	Jessica	Woman	31:25.98	31:25.98	14/05/2021	14/05/2021	
ISR	TEFERI	Selamawit	Woman	31:43.72	31:43.72	22/04/2021	22/04/2021	
NED	LAU	Jasmijn	Woman	32:20.75			19/09/2020	
ESP	MELERO	Maitane	Woman	32:27.00	33:07.96	10/04/2021	06/07/2019	
ALB	GEGA	Luiza	Woman	32:31.69			11/08/2020	
GBR	OCKENDEN	Verity	Woman	32:34.47			06/07/2019	
FRA	MEZEGHRANE-SAAD	Samira	Woman	32:37.35			29/08/2020	
FRA	JEPTOOO	Susan	Woman	32:37.47			29/08/2020	
GBR	NESBITT	Jennifer	Woman	32:38.45	32:44.26	06/03/2021	19/05/2018	
BEL	LAUWAERT	Nina	Woman	32:52.29			06/07/2019	
POL	PLIŚ	Renata	Woman	32:54.13	33:26.06	24/04/2021	06/07/2019	
POL	BERNARDELLI	Iwona	Woman	32:55.06	33:27.41	24/04/2021	20/05/2017	
ITA	EPIS	Giovanna	Woman	32:59.16			06/07/2019	
ESP	GALIMANY	Marta	Woman	33:11.41	33:11.41	10/04/2021	10/04/2021	
POL	PASZKIEWICZ	Izabela	Woman	33:14.34	33:25.67	24/04/2021	19/09/2020	
POL	BAŃKOWSKA	Anna	Woman	33:15.16	33:39.17	24/04/2021	28/04/2019	

FRA	JULIEN	Mélody	Woman	33:27.41	33:48.53	24/04/2021	29/08/2020	
BEL	VERBRUGGEN	Hanne	Woman	33:30.67			06/07/2019	
GBR	HARRISON	Samantha	Woman					
IRL	LEE	Lizzie	Woman	33:32.65	34:14.26	15/05/2021	21/05/2016	
NOR	MARIDAL	Hanne Mjøen	Woman	33:37.38	33:37.38	08/05/2021	08/05/2021	
SWE	LINDHOLM	Hanna	Woman	33:40.22			24/08/2019	
British Olympic Trial	KIDGER	Beth	Woman					
British Olympic Trial	POTTER	Beth	Woman	32:03.45				
British Olympic Trial	ARTER	Charlotte	Woman	32:15.71				
British Olympic Trial	EVANS	Clara	Woman	32:49.01	32:49.01			
British Olympic Trial	BOLTON	Eleanor	Woman					
British Olympic Trial	IRWIN	Hannah	Woman	34:46.50				
British Olympic Trial	AVERY	Kate	Woman	31:41.44				
British Olympic Trial	MACLENNAN	Mhairi	Woman	32:58.42				
British Olympic Trial	COCKRAM	Natasha	Woman	35:50.65				

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NOR	BAKKEN	Ine	Woman	33:49.95	33:49.95	08/05/2021	08/05/2021	
CZE	HROCHOVÁ	Tereza	Woman	33:53.78	33:53.78	24/04/2021	24/04/2021	
AUT	MAYER	Julia	Woman	33:53.69			06/07/2019	
CZE	JOGLOVÁ	Marcela	Woman	34:22.05			27/06/2020	
ITA	MERLO	Martina	Woman	34:23.25	34:23.25	02/05/2021	02/05/2021	
POL	MACH	Angelika	Woman	34:23.43			29/04/2017	
ITA	ARNAUDO	Anna	Woman	34:24.26	34:24.26	02/05/2021	02/05/2021	
ITA	LONEDO	Rebecca	Woman	34:27.83	34:29.53	02/05/2021	18/05/2019	
EST	PATJUK	Jekaterina	Woman	34:28.02			19/07/2020	
ITA	SELVA	Giovanna	Woman	34:37.33	34:37.33	02/05/2021	02/05/2021	
LTU	ŽŪSINAITĖ	Vaida	Woman	34:40.86			07/08/2020	
ITA	SUGAMIELE	Federica	Woman	34:42.1h	34:42.1h	17/04/2021	17/04/2021	
SLO	KRŠINAR	Neja	Woman	34:46.52			19/09/2020	
BEL	VAN PROEYEN	Karen	Woman	35:06.55			04/05/2019	
MLT	BEZZINA	Lisa Marie	Woman	35:30.0			17/02/2019	
British Domestic	MASON	Avril	Woman	35:07.28				
British Domestic	BRIGGS	Becky	Woman					
British Domestic	DANNATT	Charlotte	Woman	34:02.99				
British Domestic	TAIT	Elisha	Woman					
British Domestic	RENONDEAU	Elizabeth	Woman					
British Domestic	WESTON	Georgina	Woman					
British Domestic	COPELAND	Grace	Woman					
British Domestic	DREW	Kate	Woman	36:17.38				
British Domestic	TAYLOR	Nicole	Woman	33:31.35				
British Domestic	ASTIN	Sarah	Woman	34:25.33				

British Domestic	HOPKINS	Verity	Woman					
British Domestic	RATCLIFFE	Sally	Woman					
Ireland Domestic	RYAN	Meghan	Woman	34:39.25				
British Domestic	GUMMOW	Annabel	Woman					