

U16, U20 BALTIC OUTDOOR TEAM CHAMPIONSHIPS AGREEMENT

Match: U16 & U20 Baltic outdoor team championships

Organiser: Estonian Athletic Association

Venue: Võru Stadium, EST (Räpina str. 3A, Võru)

Date: 13.07.2019

Participants: Boys and Girls, Junior Men and Junior Women, 2 athletes per team, per event, one relay team per country per team.

Age: U16 - Boys and Girls (born in 2004-2005), U20 - Men and Women (born in 2000-2001)

Scoring: Team points will be calculated for every age group for girls and boys jointly.

Individual: 6-5-4-3-2-1; Relays: 6-4-2.

Events:

U20 age group			
MEN		WOMEN	
TRACK	FIELD	TRACK	FIELD
100 m	Long Jump	100 m	Long Jump
400 m	High Jump	400 m	High Jump
1500 m	Triple Jump	1500 m	Triple Jump
110 m/H	Shot Put	100 m/H	Shot Put
400 m/H	Javelin Throw	400 m/H	Javelin Throw
	Discus Throw		Discus Throw
4x400 m (mixed relays 2 Men and 2 Women)			

U16 age group			
BOYS		GIRLS	
TRACK	FIELD	TRACK	FIELD
100 m	Long Jump	100 m	Long Jump
400 m	High Jump	400 m	High Jump
1500 m	Triple Jump	1500 m	Triple Jump
110 m/H	Shot Put	100 m/H	Shot Put
300 m/H	Javelin Throw	300 m/H	Javelin Throw
	Discus Throw		Discus Throw
100-200-300-400		100-200-300-400	

NB! U16 age group: one athlete can take part of 2 individual events and a relay.

Rules: Competitions shall be arranged entirely according to the IAAF's Competitions Rules and according to the "Technical regulations for Baltic (Youth) Team championships in Athletics".

Implements:

In U20 age group:

	Shot	Discus	Hammer	Javelin
Women	4 kg	1 kg	4 kg	600 g
Men	6 kg	1,75 kg	6 kg	800 g

In U16 age group:

	Shot	Discus	Hammer	Javelin
Girls	3 kg	0,75 kg	3 kg	400 g
Boys	4 kg	1 kg	4 kg	600 g

Hurdles:

In U20 age group:

Distance	Number of hurdles	Height of hurdles	Distance from start line to first hurdle	Distance between hurdles
Women				
100 m	10	83,8 cm	13,0 m	8,50 m
400 m	10	76,2 cm	45 m	35 m
Men				
110 m	10	99,1 cm	13,72 m	9,14 m
400 m	10	91,4 cm	45 m	35 m

In U16 age group:

Distance	Number of hurdles	Height of hurdles	Distance from start line to first hurdle	Distance between hurdles
Girls				
100 m	10	76,2 cm	12,0 m	7,75 m
300 m	7	76,2 cm	45 m	35 m
Boys				
110 m	10	83,8 cm	13,00 m	8,25 m
300 m	7	76,2 cm	45 m	35 m

Financial conditions:

Travels paid by: Each Federation for their own costs. Board and lodging paid by: Each Federation for their own costs

SIGNATURES:

 LATVIA

 LITHUANIA

 ESTONIA